

## POSITION DESCRIPTION

<b>Position Title:</b>	Senior Clinician Physiotherapist Grade 3 – Continence
<b>Business Unit/Department:</b>	Continence Service
<b>Division:</b>	Western Health at Home
<b>Award/Agreement:</b>	ALLIED HEALTH PROFESSIONALS (VICTORIA PUBLIC SECTOR) (SINGLE INTEREST EMPLOYERS) ENTERPRISE AGREEMENT 2021-2026
<b>Classification:</b>	VB7 – VB9
<b>Reports To:</b>	Operational: Continence Service Manager Clinical: Manager of Physiotherapy & Grade 4 Physiotherapists
<b>Direct Reports:</b>	Nil
<b>Date Prepared/Updated:</b>	9 June 2025

### Position Purpose

The Senior Continence Physiotherapist will have a key role in providing advanced clinical expertise and skills for the assessment and management of clients attending the Continence Service.

The Senior Clinician, through his/her clinical expertise in continence and pelvic floor dysfunction has a leading role in ensuring excellence in patient care, implementation and organisation of clinical and professional clinicians and the fostering of staff development. The senior clinician will have a clinical caseload in an area of expertise.

In addition to this, the Senior physiotherapist will be responsible for providing clinical leadership and strategic direction in their clinical area of expertise by expanding and developing practice, implementing clinical governance, training staff as appropriate, delivering improved outcomes for patients and acting as a key liaison in their unit teams.

As a clinical leader, the physiotherapist will work collaboratively with key stakeholders to assist Western Health to achieve excellence in the areas of patient care, teaching and research. The role incorporates both professional (clinical, research, practice development, teaching, mentoring, supervision) and operational (human resource management, service evaluation, policy development) duties.

The Senior physiotherapist will be expected to maintain their currency of knowledge and skill in their specialty area and ensure an evidence-based approach to patient management.

The Clinician may work across all sites of Western Health.

### Business Unit Overview

#### Western Health at Home

The Division of Western Health at Home provides a comprehensive range of inpatient, clinic based and home-based services. Our multidisciplinary workforce of over 1,000 employees includes medical, nursing,

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pharmacy, allied health and administration staff. Western Health at Home services provide care from all Western Health campuses and within patient's homes, including residential aged care, supported accommodation and the custodial setting. The division is rapidly expanding to meet the needs of the community through the delivery of innovative, integrated and patient centred care.

Western Health at Home services support patients across the continuum of care with a primary objective to support patients to live more healthy days at home. Our breadth of services, clinics and units work collaboratively to reduce avoidable hospital presentations and support early and sustainable hospital discharges. Through multidisciplinary service delivery, integration with primary care, research and clinical trials our division supports the detection, management and secondary prevention of chronic disease.

The divisions medical specialties include Renal, Endocrinology and Diabetes, Geriatric Medicine and the General Practice (GP) Integration Unit. Western Health at Home provides a range of acute and subacute services that deliver hospital level care within the comfort of a patient's home. These services include Hospital in the Home, Rehab@Home, GEM@Home, Community Based Transition Care Program and Dialysis@Home, which deliver healthcare that would otherwise be provided within an inpatient setting.

Western Health at Home's breadth of community-based care and specialty assessment clinics provide comprehensive care to support the management of chronic disease. The division has chronic dialysis units located at all Western Health main campuses and acute units at Sunshine and Footscray Hospital. Western Health at Home manages a primary healthcare service within Dame Phyllis Frost Centre, a maximum-security women's prison located in Melbourne's West.

### **Allied Health**

Allied Health provides a range of evidence based, client centred, specialist services at Western Health, across the care continuum, from admission within the emergency department through to discharge in the community. These services work across the spectrum of life, from neonates to the elderly. The predominant focus of Allied Health is the return and optimisation of an individual's function, and wellbeing, from both physical and psycho-social perspectives. Activity is aligned with Western Health's Best Care Model and CARES values. Allied Health involvement is pivotal to efficient and effective multidisciplinary team functions, discharge planning and patient centred care. Western Health employs a range of Allied Health disciplines, each with unique specialist tertiary training and skills, including:

- Audiology
- Clinical Psychology and Neuropsychology
- Exercise Physiology
- Language Services
- Nutrition and Dietetics
- Occupational Therapy
- Pastoral Services
- Physiotherapy
- Podiatry
- Social Work
- Speech Pathology

### **Continence Service**

The Continence Service offers a multidisciplinary approach to the assessment and management of urinary and faecal continence issues for adults. Self-management is promoted wherever possible. The team comprises of specialist continence nurses, physiotherapists and Geriatricians.

### **Key Responsibilities**

- Demonstrate a commitment to the patient 'Charter of Healthcare Rights'
- Comply with the expected scope of the role and standards of performance in the role as described by the relevant professional bodies/industry standards and leadership capability framework
- Maintain registration (as required) and report any changes or limitations on practice if applicable
- Hold accountability for own actions and seek guidance and support from appropriate employees when limited by own skills and experience

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- Comply with confidentiality obligations with regard to patients, consumers and colleagues
- Comply with all Western Health policies and procedures
- In conjunction with service manager ensure staff are appropriately directed and supported to deliver high quality client centred care in line with the “Best Care” Framework
- Lead and deliver high quality person centred interprofessional care in line with the “Best Care” framework
- Demonstrate extensive, evidence based specialist knowledge, clinical reasoning and competencies, to lead and enhance patient care in area of practice
- Provide and direct others in the provision of evidence based clinical services using a person centred approach
- Demonstrate capacity to develop and implement methods to ensure that staff in the area of responsibility have an appropriate, measureable level of competence
- Ensure the application and maintenance of clinical standards in areas of delegated responsibility
- Demonstrate highly developed organisational skills and efficient time management to appropriately evaluate, prioritise and complete workload
- Identify and support others to solve complex problems
- In conjunction with service manager contribute to the development and implementation of processes to facilitate effective consumer participation, and ensure that appropriate responses are provided to customer feedback and complaints
- Lead planning for clinical services for the team
- In conjunction with service manager support staff to meet service targets/goals
- Provide leadership which promotes effective teamwork, encourages cohesion and ensures staff feel valued and contributions are acknowledged
- In conjunction with the service manager, actively work towards service integration and streamlined patient journeys
- In conjunction with service manager ensure appropriate orientation of new staff
- Demonstrate expert knowledge of resources relevant to area and acts as a resource person for other team members
- Demonstrate high level open and effective communication (verbal, non-verbal, written and electronic) with consumers, other staff and service providers
- Demonstrate highly effective negotiation skills and conflict resolution skills when dealing with difficult situations
- Actively participate in regular supervision, demonstrating ongoing development of clinical skills and reflective practice as identified in supervision plan
- Demonstrate flexibility/responsiveness within professional practice/duties/roles and assumes extra responsibility as required to meet organisational priorities and appropriately delegates as necessary
- Participate and represent the service in consultation with service manager at relevant committees, working groups and meetings as requested.
- Lead the provision of information and education about the service and professional role within the service
- Assist in promoting effective workplace relations and teamwork to ensure optimum relations across acute services and collaborating community agencies
- Participate in and contribute to relevant case conferences, team meetings, client/family feedback meetings
- Assist in cultivating an environment where workers have the opportunity to work to their full scope of practice and potential
- Assist in fostering and developing research opportunities across the service
- Conduct or contribute to feedback to staff on their performance including performance development planning and performance management where relevant
- Where designated, provide high quality supervision to junior staff and students that is timely, flexible and responsible
- Lead and participate in the development, organisation and delivery of education programs for Western Health staff, external service providers and the community
- Present at internal and external forums to enhance personal knowledge and professional development
- Lead service development and evaluation through quality improvement activities or research projects where appropriate

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- Assist in writing procedures and guidelines as required for the ongoing development of the program, and support relevant staff to complete these tasks
- Assist in meeting reporting requirements relating to the service
- Ensure that service/program outcomes are achieved through appropriate client management and pathways
- Facilitate/assist in the process of recruitment, selection and retention of staff to meet client and service needs.
- Ensure that workload statistics, and other required information, is entered and reported as directed, and on time by self and staff in area of responsibility
- Perform other duties as directed

In addition to the key responsibilities specific to your role, you are required to deliver on the [WH AH Capability Framework](#) and the [Key Organisational Accountabilities](#) which are aligned with the Western Health strategic aims.

### Key Working Relationships

#### Internal:

- WCS clinicians and administration staff
- SACS Clinician
- Director of Allied Health
- Physiotherapy staff across the network, especially within clinical stream
- Relevant Western Health Units, Wards, Clinicians and other staff
- Access unit clinicians

#### External:

- Clients and their family/carers
- Key community organisations
- General Practitioners
- Physiotherapy peers in other health services
- Australian Physiotherapy Association – Special Interest Group
- The University of Melbourne and other relevant tertiary education providers

### Selection Criteria

#### Essential

- Appropriate recognised tertiary qualification and registration with AHPRA as eligible to practice as a Physiotherapist
- Post-Graduate Certificate in Continence and Pelvic Floor Rehabilitation
- Highly developed interpersonal, written and electronic communication skills
- Computer literacy
- A high level of clinical expertise and theoretical knowledge in the assessment and management of patients for the required caseload
- Excellent organisational and time management skills
- Strong leadership skills, including proven interpersonal skills in the facilitation of effective team functioning, conflict identification and constructive resolution
- Proven ability to lead and supervise staff and students in clinical, educational and administrative areas
- Demonstrated flexible approach
- Knowledge of and participation in continuous quality improvement processes
- Commitment to clinical research
- Commitment to continuing professional development

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<p><b>Desirable</b></p> <ul style="list-style-type: none"> <li>• Extensive clinical experience of at least 7 years</li> <li>• Membership of Australian Physiotherapy Association and special interest group/s</li> <li>• Demonstrated creative and proactive approach to the management of change</li> <li>• Current Victorian Drivers Licence</li> </ul> <p><b>Desirable Personal Attributes</b></p> <ul style="list-style-type: none"> <li>• Self-Motivated</li> <li>• Broad systems and innovative thinking</li> <li>• Ability to influence others</li> <li>• Mindful observation</li> <li>• Timely informed decision making</li> <li>• Collaborative approach</li> <li>• Confidence in own ability</li> <li>• Embraces self-growth and continual learning</li> <li>• Adaptable, flexible and persistent as required</li> <li>• Effective delegator</li> <li>• Resilience</li> </ul>
<p><b>Additional Requirements</b></p> <p>All employees are required to:</p> <ul style="list-style-type: none"> <li>• Obtain a police / criminal history check prior to employment</li> <li>• Obtain a working with children check prior to employment (if requested)</li> <li>• Obtain an Immunisation Health Clearance prior to employment</li> <li>• Report to management any criminal charges or convictions you receive during the course of your employment</li> <li>• Comply with relevant Western Health clinical and administrative policies and guidelines</li> <li>• Comply with and accept responsibility for ensuring the implementation of health and safety policies and procedures</li> <li>• Fully co-operate with Western Health in any action it considers necessary to maintain a working environment, which is safe, and without risk to health</li> <li>• Protect confidential information from unauthorised disclosure and not use, disclose or copy confidential information except for the purpose of and to the extent necessary to perform your employment duties at Western Health</li> <li>• Safeguard children and young people in our care, by ensuring that your interactions are positive and safe, and report any suspicions or concerns of abuse by any person internal or external to Western Health</li> <li>• Be aware of and comply with relevant legislation: Public Administration Act 2004, Victorian Charter of Human Rights and Responsibilities Act 2006, the Victorian Occupational Health and Safety Act 2004, the Victorian Occupational Health and Safety Regulations 2017 (OHS Regulations 2017), Fair Work Act 2009 (as amended), the Privacy Act 1988 and responsibilities under s141 Health Services Act with regard to the sharing of health information</li> <li>• Be aware of and comply with the Code of Conduct for Victorian Public Sector Employees and other Western Health employment guidelines</li> <li>• Work at any of the Western Health sites as directed, in accordance with business and organisational demands and priorities.</li> </ul>
<p><b>General Information</b></p> <ul style="list-style-type: none"> <li>• Redeployment to other services within Western Health may be required</li> <li>• Employment terms and conditions are provided according to relevant award/agreement</li> </ul>

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- Western Health is an equal opportunity employer and is committed to providing for its employees a work environment which is free of harassment or discrimination. The organisation promotes diversity and awareness in the workplace
- This position description is intended to describe the general nature and level of work that is to be performed by the person appointed to the role. It is not intended to be an exhaustive list of all responsibilities, duties and skills required. Western Health reserves the right to modify position descriptions as required. Employees will be consulted when this occurs
- Western Health is a smoke free environment

*I confirm I have read the Position Description, understand its content and agree to work in accordance with the requirements of the position.*

Employee's Name:

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Date:

Click here to  
enter a  
date.

Employee's Signature:

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