

POSITION DESCRIPTION

Position Title:	Senior Occupational Therapist
Business Unit/Department:	Western Health Mental Health at Home (WHMH at Home)
Division:	Mental Health & Wellbeing Service (MHWS)
Award/Agreement:	Victorian Public Mental Health Services Enterprise Agreement
Classification:	Grade 4 – Year 1 to Year 4
Reports To:	<i>Operational:</i> Program Manager; <i>Professional:</i> Discipline Senior Occupational Therapist
Direct Reports:	N/A
Date Prepared/Updated:	4 August 2026

Position Purpose

Western Health Mental Health at Home (WHMH at Home) is a 24-hour, 7-day per week service offering the equivalent of 10 beds for adults over 18 years who are experiencing an acute mental health crisis and would otherwise require an inpatient admission. The service is underpinned by the Hospital in the Home (HITH) model of care, ensuring acute mental health treatment is delivered safely and effectively within the consumer's home environment. WHMH at Home provides acute mental healthcare and support to individuals and families in their own homes, including risk assessments, mental state examinations, medication management, psychoeducation, and recovery-focused interventions.

The senior occupational therapy role will work directly with consumers and their family, carers and supporters to provide evidence-based discipline specific assessment and interventions and contribute to the multi-disciplinary team to ensure excellent care and support of consumers. This role will be part of the leadership group and will contribute to quality improvement projects and processes within the team. This role works closely with the peer workforce and other disciplines in supporting the activity and participation needs of consumers during their period of care.

Business Unit Overview

The Division of Mental Health and Wellbeing Services spans multiple Western Health sites and community settings, delivering services across the lifespan. Established in response to a key recommendation from the Royal Commission into Victoria's Mental Health System, the Division serves the municipalities and growth areas of Brimbank, Sunbury, Maribyrnong and Melton.

Care is provided through a recovery-oriented approach by a multidisciplinary workforce comprising skilled clinicians, consumers and carers. Services include hospital-based, community and specialist programs for adults, older adults, children and adolescents who are experiencing, or are at risk of developing, a serious mental illness. The Division works collaboratively across other Western Health Divisions and in partnership with external health and community providers to ensure the delivery of Best Care. With a strong commitment to innovation, the Division continues to expand and strengthen service options to meet the evolving mental health and wellbeing needs of the Western Melbourne community.

Our Vision

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Key Responsibilities
• Build a therapeutic alliance with the consumer and family/carers and maximise participation in collaborative recovery and wellness planning • Work collaboratively with other members of the multidisciplinary team, to provide high quality, evidence-based interventions that support consumers with complex mental health needs in their home • Provide Occupational Assessments inclusive of Functional Capacity assessments to identify occupational performance issues and Sensory modulation preferences. • Provision of activity and participation focused treatment approaches and support and training to other staff in these approaches. (sensory modulation, driving, vocation and participation in personally meaningful occupations) • Contribute to the orientation, education and training of other team members and pre-qualified, student and entry level staff. • Contribute expertise in clinical meetings and support the team and other staff in their clinical decision making. • Demonstrate behaviours that supports a recovery approach to care. • Communicate effectively with consumers, families, carers, colleagues and other service providers. • Be able to change priorities and/ or adjust quickly to meet the needs of the consumer or team. • Accurately prepare documentation in a timely manner. • Ensure risk management activities are completed, effective controls are in place and incidents are recorded, investigated and corrective actions implemented as far as is reasonably practical • Take reasonable care for your safety and wellbeing and that of others • Active engagement in clinical and professional supervision and operational management discussions. • Engage in the on-call clinical function after-hours • Work in your scope of practice and seek help where required. Management/Supervision: • Management and support will be provided by the Program Manager. • Clinical supervision will be provided by the MWAMHS discipline Senior or appropriately qualified senior occupational therapist. Clinical supervision will be strongly encouraged and supported. Additional: • Actively contribute to service improvement and staff development initiatives • Assume responsibility and accountability for delegated activities from other staff within the WHMH at Home service • Support the Program by promoting, implementing, and participating in quality activities and research as required In addition to the key responsibilities specific to your role, you are required to deliver on the Key Organisational Accountabilities which are aligned with the Western Health strategic aims.
Key Working Relationships
Internal: • Program Manager – WHMH at Home • Nursing staff • Peer workers • Consultant Psychiatrist and other medical staff • Social Worker • Chief Occupational Therapist and occupational therapy staff working in clinical teams External: • NDIS including support coordinators, LACs, HLO and support providers • Family, carers and supporters • Primary Health Care Providers • Community teams

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- Prevention and Recovery Care services
- Employment services
- Local Mental Health & Wellbeing Services

Selection Criteria

Formal Qualifications:

- Registration under the Australian Health Practitioner Regulation National Law Act (2009) with the Occupational Therapy Board of Australia.
- An approved Degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy (Vic).

Essential:

- Minimum 5 years' experience working in mental health setting.
- Demonstrated understanding of working with mental health consumers, including appropriate supports, therapeutic engagement, assessment and evidence-based interventions
- Proven ability to plan, implement and evaluate groups for consumers in the acute phase of mental illness.
- Demonstrated ability to provide specialist occupational therapy assessments and interventions including sensory modulation, functional capacity assessments to identify occupational performance issues and activity and participation interventions.
- Commitment to ongoing professional development for self and team members
- Commitment to developing an understanding of the principles and practices of co-design
- Familiarity with a range of computer software packages eg. Email, Word, Excel
- Well-developed skills in writing and ability to promptly prepare appropriate documentation for assessments, interventions and other forms of documentation.
- Demonstrated understanding of de-escalation principles when working with people who are distressed or experiencing mental illness
- Knowledge of recovery-oriented care and trauma informed care frameworks
- Excellent interpersonal skills and the ability to work with, communicate and engage consumers, families and carers from diverse backgrounds
- An understanding of the policies and procedures associated with the Mental Health Act and other relevant legislation.
- Demonstrated ability to record accurate and concise documentation within a consumer's medical record
- Demonstrated understanding of confidentiality and privacy relating to consumer care
- Commitment to Western Health values.
- Comply with all legal requirements pertaining to the position including responsibility for maintaining current registration as required by your professional organisation or other applicable Acts.
- Hold a full driving licence and ongoing ability to use this form of transport

Desirable:

- Ability to speak a community language

Additional Requirements

All employees are required to:

- Obtain a police/criminal history check prior to employment
- Obtain a working with children check prior to employment (if requested)
- Obtain an Immunisation Health Clearance prior to employment
- Report to management any criminal charges or convictions you receive during the course of your employment
- Comply with relevant Western Health clinical and administrative policies and guidelines.
- Comply with and accept responsibility for ensuring the implementation of health and safety policies and procedures
- Fully co-operate with Western Health in any action it considers necessary to maintain a working environment, which is safe, and without risk to health

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- Protect confidential information from unauthorised disclosure and not use, disclose or copy confidential information except for the purpose of and to the extent necessary to perform your employment duties at Western Health
- Safeguard children and young people in our care, by ensuring that your interactions are positive and safe, and report any suspicions or concerns of abuse by any person internal or external to Western Health
- Be aware of and comply with relevant legislation: Public Administration Act 2004, Victorian Charter of Human Rights and Responsibilities Act 2006, the Victorian Occupational Health and Safety Act 2004, the Victorian Occupational Health and Safety Regulations 2017 (OHS Regulations 2017), Fair Work Act 2009 (as amended), Occupational Health and Safety (Psychological Health) Regulations 2025, the Privacy Act 1988 and responsibilities under s141 Health Services Act with regard to the sharing of health information, the Family Violence and Child Information Sharing Schemes, Part 5A of the Family Violence Protection Act 2008 and Part 6A of the Child Wellbeing and Safety Act 2005, Safe Patient Care Act 2015, Mental Health & Wellbeing Act 2022
- Be aware of and comply with the Code of Conduct for Victorian Public Sector Employees and other Western Health employment guidelines

General Information

- Redeployment to other services or sites within Western Health may be required
- Employment terms and conditions are provided according to relevant award/agreement
- Western Health is an equal opportunity employer and is committed to providing for its employees a work environment which is free of harassment or discrimination. The organisation promotes diversity and awareness in the workplace
- Western Health is committed to Gender Equity
- Western Health provides support to all personnel experiencing family and domestic violence
- This position description is intended to describe the general nature and level of work that is to be performed by the person appointed to the role. It is not intended to be an exhaustive list of all responsibilities, duties and skills required. Western Health reserves the right to modify position descriptions as required. Employees will be consulted when this occurs
- Western Health is a smoke free environment

I confirm I have read the Position Description, understand its content and agree to work in accordance with the requirements of the position.

Employee's Name: _____

Employee's Signature: _____ Date: _____

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