

POSITION DESCRIPTION

Position Title:Mental Health Clinician

Business Unit/Department: Child and Adolescent Psychiatry Service

Division: Mental Health and Wellbeing Services

Award/Agreement: Victorian Public Mental Health Services Enterprise Agreement

2020–2024 / Victorian Public Health Sector (Medical Scientists, Pharmacists and Psychologists) Single Interest Enterprise

Agreement 2021 - 2025

NP81 – NP74 Mental Health Nurse Grade 3 (Year 1 – 4)

YC42 – YC45 Social Worker Grade 2 (Year 1 – 4) YB 20 – YB23 Occupational Therapist Grade 2 (Year 1 – 4)

YB 20 – YB23 Occupational Therapist Grade 2 (Year 1 – PK1 – PK4 Psychologist Grade 2 (Year 1 – Year 4)

Reports To: Program Manager – Child and Adolescent Psychiatry Service.

Perinatal Mental Health Service, Yanna Yanna PARC

Direct Reports: 0

Date Prepared/Updated: 21 August 2025

Position Purpose

The Mental Health Clinician will provide expert mental health care to children and their families as part of the Sunshine Child and Adolescent Consultation and Liaison Psychiatry Team.

The role is responsible for:

- Providing high quality mental health responses to children at the Joan Kirner Women's and Children's Hospital (JKWCH)
- Delivering comprehensive mental health assessments in inpatient, outpatient and Emergency Departments
- Delivering evidence based therapeutic interventions including family work, work with parents and individual therapy

Business Unit Overview

Child and Adolescent Psychiatry Service

The Child and Adolescent Psychiatry Service provides a consultation-liaison psychiatry model for children, aged 0 to 17 years old, admitted to the Joan Kirner Women's and Children's (JKWC), linked with a Western Health paediatrician or who have presented to the paediatric emergency department (located at Sunshine Hospital).

Mental Health and Wellbeing Division

The Division of Mental Health and Wellbeing Services spans across multiple Western Health sites and within the local community and services consumers across the lifespan.

The Division has recently been established following a key recommendation from the Royal Commission into Victoria's Mental Health System. The Western Health catchment includes the local government municipalities and growth areas of Brimbank, Sunbury, Maribyrnong and Melton.

Our Vision

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Our recovery-oriented approach to care is provided by a multidisciplinary workforce comprising skilled clinicians, consumers and carers. These services include hospital based, community and specialist mental health and wellbeing services for adults, older adults, children and adolescents who are experiencing, or are at risk of developing a serious mental illness.

The Division collaborates across a number of Divisions within Western Health and partners with external health services and community services to ensure the provision of Best Care.

The Division aims to innovate and develop services and care options across Western Health to ensure Best Care for the community of Western Melbourne.

Key Responsibilities

Accountabilities

- Providing interventions in relation to clinical issues, to improve consumer level of functioning and quality of life. Simultaneously work collaboratively with consumers, families and carers staff in the development, implementation and review of Individual Recovery Plans/Treatment Plans and provision of quality services.
- Possess current, specialist mental health knowledge and skills and apply these skills to lead clinical interventions
- Deliver discipline specific interventions to consumers and their families and carers
- Manage portfolios for the team in line with discipline specialities and professional interests
- Support the Team Leader with the coordination of referrals, assessments and feedback of outcomes to consumers and referring services.
- Contribute to service development and continuous improvement projects
- Utilise developed mental health skills to support the team to identify and manage consumers presenting with signs of deterioration in mental health or increased risk profiles.
- Provide leadership in ensuring policies, processes and guidelines are implemented and followed consistently.
- Be accountability for own personal professional practice, critical reflection, professional development and performance assessment and review
- Promote, develop and support the peer support workforce across programs
- Liaise with and build relationships with key internal and external stakeholders

Quality Improvement

- Participate in quality improvement projects alongside management and the broader team.
- Support an environment which promotes continuous improvement in practice
- Support a culture of continuous improvement and actively identifies areas for improvement

Contribution to Service and Systems

- Actively participate on service initiatives
- Undertake administrative tasks according to the protocols established for the team and required for reporting on the minimum data set reporting framework.

Professional Development

- Demonstrate strong ongoing commitment to own professional development and the ability to support and develop knowledge and skills in others.
- Provide support to students and new staff as required

In addition to the key responsibilities specific to your role, you are required to deliver on the <u>Key</u> Organisational Accountabilities which are aligned with the Western Health strategic aims.

Key Working Relationships

Internal:

- Consumers, carers and support networks
- Mental Health and Wellbeing Services Division

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- Women's and Children's Division (including Melton Paediatrics Service)
- Western Health

External:

- Child and Adolescent Mental Health services in Western Melbourne including The Royal Children's Hospital and Orygen Youth Health
- DFFH Services including Child Protection
- Area Mental Health Services
- Department of Health

Selection Criteria

Formal Qualification(s) & Required Registration(s):

Registered Psychiatric Nurses:

- Registration as a registered nurse under the Australian Health Practitioner Regulation National Law Act (2009) with the Nursing and Midwifery Board of Australia.
- Bachelor Degree in Psychiatric/Mental Health Nursing or equivalent, or, Bachelor Degree in Nursing plus a Postgraduate qualification in Psychiatric/Mental Health Nursing.

Occupational Therapists:

- Registration under the Australian Health Practitioner Regulation National Law Act (2009) with the Occupational Therapy Board of Australia.
- An approved Degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy (Vic.).

Psychologists:

Registration as a Psychologist under the Australian Health Practitioner Regulation National Law Act (2009) with practice endorsement as a Clinical, Forensic or Clinical Neuro Psychologist with the Psychology Board of Australia.

Social Workers:

 An approved degree in Social Work and eligibility for membership of the Australian Association of Social Workers.

Essential:

- Experience working in an adult or child and adolescent or perinatal public mental health setting/s
- Demonstrated mental health assessment and intervention skills, including discipline specific interventions
- Demonstrated commitment to consumer centred and recovery-oriented care
- · Highly developed verbal and written communication skills
- Demonstrated commitment to participate in continuous improvement projects
- Demonstrated ability to work both autonomously and as part of a multidisciplinary team
- Demonstrated problem solving and conflict resolution skills
- Be familiar with and adhere to relevant professional codes of ethics, the values of Melbourne Health, and relevant legislation, in particular: the Mental Health Act (2014), the Guardianship & Administration Act (1986), Victorian Charter of Human Rights and Responsibilities Act 2006 and clinicians' responsibilities under s141 Health Services Act with regard to the sharing of health information.
- Be familiar with and adhere to the <u>Children, Youth and Families Act 2005</u> well as the Family Violene Protection Act 2008
- Comply with all legal requirements pertaining to the position including responsibility for maintaining current registration as required by your professional organisation or other applicable Acts
- Hold a current driver's licence and capacity to use in this role.
- Ability to navigate IT systems and have proficiency in MS Office

Desirable:

- Experience working within consultation liaison service's
- Ability to speak a second language

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Additional Requirements

All employees are required to:

- Obtain a police / criminal history check prior to employment
- Obtain a working with children check prior to employment (if requested)
- Obtain an Immunisation Health Clearance prior to employment
- Report to management any criminal charges or convictions you receive during the course of your employment
- Comply with relevant Western Health clinical and administrative policies and guidelines.
- Comply with and accept responsibility for ensuring the implementation of health and safety policies and procedures
- Fully co-operate with Western Health in any action it considers necessary to maintain a working environment, which is safe, and without risk to health
- Protect confidential information from unauthorised disclosure and not use, disclose or copy confidential information except for the purpose of and to the extent necessary to perform your employment duties at Western Health
- Safeguard children and young people in our care, by ensuring that your interactions are positive and safe, and report any suspicions or concerns of abuse by any person internal or external to Western Health
- Be aware of and comply with relevant legislation: Public Administration Act 2004, Victorian Charter
 of Human Rights and Responsibilities Act 2006, the Victorian Occupational Health and Safety Act
 2004, the Victorian Occupational Health and Safety Regulations 2017 (OHS Regulations 2017),
 Fair Work Act 2009 (as amended), the Privacy Act 1988 and responsibilities under s141 Health
 Services Act with regard to the sharing of health information, the Family Violence and Child
 Information Sharing Schemes, Part 5A and 6A Family Violence Protection Act 2008
- Be aware of and comply with the Code of Conduct for Victorian Public Sector Employees and other Western Health employment guidelines

General Information

- Redeployment to other services or sites within Western Health may be required
- Employment terms and conditions are provided according to relevant award/agreement
- Western Health is an equal opportunity employer and is committed to providing for its employees a work environment which is free of harassment or discrimination. The organisation promotes diversity and awareness in the workplace
- Western Health is committed to Gender Equity
- Western Health provides support to all personnel experiencing family and domestic violence
- This position description is intended to describe the general nature and level of work that is to be performed by the person appointed to the role. It is not intended to be an exhaustive list of all responsibilities, duties and skills required. Western Health reserves the right to modify position descriptions as required. Employees will be consulted when this occurs
- Western Health is a smoke free environment

I confirm I have read the Position Description, understand its content and agree to work in accordance with the requirements of the position.

Employee's Name:	Click here to enter the Employee's name.			
Employee's Signature:		Date:	Click to entedate.	

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