

POSITION DESCRIPTION

Position Title: Senior Mental Health Clinician (Intake)

Business Unit/Department: Perinatal Mental Health Service

Division: Mental Health & Wellbeing Services

Award/Agreement: Victorian Public Mental Health Services Enterprise

Agreement;

Medical Scientists, Pharmacists & Psychologists (Victorian Public Sector) (Single Interest Employers) Enterprise

Agreement

Classification: Mental Health Nurse – Grade 4 (Year 1 to Year 3);

Social Worker - Grade 3 (Year 1 to Year 4);

Occupational Therapist - Grade 3 (Year 1 to Year 4);

Psychologist – Grade 3 (Year 1 to Year 4)

Reports To: Program Manager – Perinatal Mental Health Service, Child &

Adolescent Mental Health Service, Yanna Yanna PARC

Direct Reports: Nil

Date Prepared/Updated: 22 October 2025

Position Purpose

The Senior Mental Health Clinician (Intake) will work with the Perinatal Mental Health in delivering recovery-oriented mental health services. You will provide clinical and operational leadership in screening and assessing referrals, ensuring individuals are linked to the right care. In addition to these responsibilities, you will provide consultation liaison services to the inpatient wards at Joan Kirner Hospital.

The Senior Clinician plays a pivotal role in the delivery of high quality, consumer and family centred care to the women, and their families in the perinatal period. The Senior Clinician will provide clinical leadership and collaborate in assessments, provide support and discipline specific and evidenced based interventions. The Senior Clinicians will participate, role model and contribute to the development and implementation of the service to achieve the strategic goals in line with best practice and achieving best outcomes for the consumer.

Business Unit Overview

Perinatal Mental Health Service

The Perinatal Mental Health Service provides assessment and treatment of women within the perinatal period within a consultation liaison model. The service provides mental health assessment and treatment for women requiring assistance with:

- Significant emotional distress around pregnancy, delivery, or having a baby in the Special Care Nursery
- Depression (antenatal, postnatal) in the perinatal period
- Anxiety (including Panic Disorder, Post-Traumatic Stress Disorder, Phobias) in the perinatal period
- Adjustment to parenthood

Our Vision

Together, Caring for the West
Patients – Employees – Community – Environment

- Psychological preparation and support for perinatal medical procedures
- Pregnancy related grief and loss
- Liaison and coordination between perinatal mental health support services for client

The service also provides capacity building, education and secondary consultation and advice about perinatal mental illness to primary health care providers, in particular maternity services at Joan Kirner Hospital and Bacchus Marsh Hospital.

Mental Health and Wellbeing Division

The Division of Mental Health and Wellbeing Services spans across multiple Western Health sites and within the local community and services consumers across the lifespan.

The Division has recently been established following a key recommendation from the Royal Commission into Victoria's Mental Health System. The Western Health catchment includes the local government municipalities and growth areas of Brimbank, Sunbury, Maribyrnong and Melton.

Our recovery-oriented approach to care is provided by a multidisciplinary workforce comprising skilled clinicians, consumers and carers. These services include hospital based, community and specialist mental health and wellbeing services for adults, older adults, children and adolescents who are experiencing, or are at risk of developing a serious mental illness.

The Division collaborates across several Divisions within Western Health and partners with external health services and community services to ensure the provision of Best Care.

The Division aims to innovate and develop services and care options across Western Health to ensure Best Care for the community of Western Melbourne.

Key Responsibilities

Accountabilities

- · Provide clinical leadership in the form of role modelling and mentoring to clinical and wellbeing staff
- Provide leadership to the team with shift coordination and handover in the absence of the Team Leader or Mental Health Community Support Services (MHCSS) Manager.
- Participate in collaborative mental health assessment with MHCSS staff (where applicable) and consumers where indicated.
- Work with consumers who have a more complex lived experience of mental ill health, providing support and strategies to other clinicians
- Providing interventions in relation to complex clinical issues, including Dual Diagnosis, to improve
 consumer level of functioning and quality of life. Simultaneously work collaboratively with consumers,
 families, carers and MHCSS partner staff (where applicable) in the development, implementation and
 review of Individual Recovery Plans/Treatment Plans and provision of quality services.
- Possess current, advanced, specialist mental health knowledge and skills and apply these skills to lead clinical interventions
- Deliver discipline specific interventions to consumers and their families and carers.
- Support the safe administration (nursing only) and supervision of medication
- Hold portfolios for the team in line with discipline specialities and professional interests
- Contribute to service development and continuous improvement projects
- Utilise highly developed mental health skills to support the team to identify and support consumers presenting with signs of deterioration in mental health or increased risk profiles.
- Provide leadership in ensuring policies, processes and guidelines are implemented and followed consistently.
- Be accountability for own personal professional practice, critical reflection, professional development and performance assessment and review
- Promote, develop and support the peer support workforce across programs
- Liaise with and build relationships with key internal and external stakeholders

Quality Improvement

- Participate and lead quality improvement projects alongside management and the broader team.
- Enhance the utilisation and sharing of best practice knowledge and skills across the team.
- Support an environment which promotes continuous improvement in practice

Support a culture of continuous improvement and actively identifies areas for improvement

Contribution to Service and Systems

- Support Leadership in developing and implementing guidelines, protocols, procedures, standards and systems of work set by the organisation.
- Undertake administrative tasks according to the protocols established for the team and required for reporting on the minimum data set reporting framework.
- Contribute to the application of information systems to improve clinical practice and inform clinical decision making

Professional Development

- Demonstrate strong ongoing commitment to own professional development and the ability to support and develop knowledge and skills in others.
- Provide discipline specific clinical supervision and support undergraduate and post-graduate students

In addition to the key responsibilities specific to your role, you are required to deliver on the <u>Key Organisational Accountabilities</u> which are aligned with the Western Health strategic aims. Allied Health Professionals are also required to deliver on the <u>WH AH Capability Framework</u>.

Key Working Relationships

The Senior Mental Health Clinician is operationally responsible to the Nurse Unit Manager/Program Manager under which they are employed. Depending on their discipline, they are also professionally accountable to the following positions:

- 1. Psychologists are professionally accountable to the Director of Psychology, via the Principal Psychologist (Mental Health)
- 2. Occupational Therapists are professionally accountable to the Chief Occupational Therapist (Mental Health)
- 3. Social Workers are professionally accountable to Chief Social Worker (Mental Health)
- 4. Nurses are professionally accountable to the Director of Nursing (Mental Health)

Other key working relationships include:

Internal:

- Members of the Western Health Mental Health and Wellbeing Services Division
- Nursing, Medical and Allied Health Professionals working in other Divisions
- Operational Managers, Mental Health & Wellbeing Services
- Divisional Director, Mental Health & Wellbeing Services
- · Consumers, carers and support networks

External:

- Family and Children Services
- Victoria Police
- Area Mental Health and Wellbeing Services
- Safer Care Victoria
- First Nations Health Service Providers
- NDIS Registered Organisations
- Community Service Sector
- Primary Care Sector

Selection Criteria

Essential Formal Qualification(s) and Registration Requirements:

Mental Health Nurses:

- Registration as a registered nurse under the Australian Health Practitioner Regulation National Law Act (2009) with the Nursing and Midwifery Board of Australia.
- Bachelor Degree in/Mental Health Nursing or equivalent, or, Bachelor Degree in Nursing plus a Postgraduate qualification in/Mental Health Nursing.
- Completion of a Recognised Mental Health Graduate Nurse Program

- Completion of General to Mental Health Transition program (where applicable)
- Minimum of 5 years post qualification experience

Occupational Therapists:

- Minimum of 5 years' experience as a Occupational Therapist within Mental Health
- Registration under the Australian Health Practitioner Regulation National Law Act (2009) with the Occupational Therapy Board of Australia.
- An approved Degree from a recognised school of Occupational Therapy or other qualifications approved for eligibility for membership of the Australian Association of Occupational Therapy (Vic.).

Psychologists:

- Minimum five (5) years' experience as a psychologist.
- Hold current general registration as a Psychologist with AHPRA.
- Possession of Masters level degree or above in Clinical Psychology, Forensic Psychology or Clinical Neuropsychology.
- Hold an Area of Practice Endorsement (AoPE) in Clinical Psychology, Forensic Psychology or Clinical Neuropsychology.
- Hold current registration as a Psychology Board of Australia approved Supervisor for Higher Degree Students and Registrars.

Social Workers:

- An approved degree in Social Work and eligibility for membership of the Australian Association of Social Workers.
- Minimum 7 years' experience working as a Social Worker within Mental Health

Additional Essential Criteria:

- Demonstrated high level mental health assessment and intervention skills, including discipline specific interventions
- Demonstrated commitment to consumer centred and recovery-oriented care
- · Highly developed verbal and written communication skills
- Demonstrated experience in participating in continuous improvement projects
- Demonstrated ability to identify and harness opportunities for innovation and collaboration on improving service delivery resulting in demonstrable outcomes.
- Demonstrated ability to work both autonomously and as part of a multidisciplinary team
- Demonstrated problem solving and conflict resolution skills
- Ability to provide discipline specific clinical supervision to other clinicians and students
- Be familiar with and adhere to relevant professional codes of ethics, the values of Western Health, and relevant legislation, in particular: the Mental Health and Wellbeing Act (2022), Children, Youth and Families Act 2005, Child Wellbeing and Safety Act 2005, Family Violence Protection Act 2008, the Guardianship & Administration Act (2019), Victorian Charter of Human Rights and Responsibilities Act 2006 and clinicians' responsibilities under s141 Health Services Act with regard to the sharing of health information.
- Comply with all legal requirements pertaining to the position including responsibility for maintaining current registration as required by your professional organisation or other applicable Acts
- Hold a current driver's licence and capacity to use in this role.
- Demonstrated time management skills, and the ability to generate strategies for prioritising workloads effectively.
- Demonstrated ability in providing leadership within teams as a staff member.
- Highly developed interpersonal, written and electronic communication skills.
- Computer literacy.

Desirable:

- High performance standards for self and others.
- Previous experience in Perinatal Mental Heath Services and/ or Child and Adolescent Services highly desirable

Desirable Personal Attributes:

- Self-motivated
- Broad systems and innovative thinking
- Ability to influence others

- Mindful observation
- · Timely informed decision making
- Collaborative approach
- · Confidence in own ability
- Embraces self-growth and continual learning
- Adaptable, flexible and persistent as required
- Effective delegator
- Resilience

Leadership Capabilities

Leadership Capability	Definition
Plan and aligns	Planning and prioritising work to meet commitments aligned with organisational goals
Drives vision and purpose	Painting a compelling picture of the vision and strategy that motivates others into action
Ensures accountability	Holding self and others accountable to meet commitments
Strategic mindset	Seeing ahead to future possibilities and translating them into breakthrough strategies
Instils trust	Gaining the confidence and trust of others through honesty, integrity and sincerity
Communicates effectively	Developing and delivering multi-mode communications that convey a clear understanding of the unique needs of different audiences
Situational adaptability	Adapting approach and demeanour in real time to match the shifting demands of different situations.
Collaborates	Building partnerships and working collaboratively with others to meet shared objectives
Builds effective teams	Building strong-identity teams that apply their diverse skills and perspectives to achieve common goals.
Customer focus	Building strong customer relationships and delivering customer- centric solutions

Additional Requirements

All employees are required to:

- Obtain a police/criminal history check prior to employment
- Obtain a Working with Children Check prior to employment (if requested)
- Obtain an Immunisation Health Clearance prior to employment
- Report to management any criminal charges or convictions you receive during your employment
- Comply with relevant Western Health clinical and administrative policies and guidelines.
- Comply with and accept responsibility for ensuring the implementation of health and safety policies and procedures
- Fully co-operate with Western Health in any action it considers necessary to maintain a working environment, which is safe, and without risk to health
- Protect confidential information from unauthorised disclosure and not use, disclose or copy confidential information except for the purpose of and to the extent necessary to perform your employment duties at Western Health
- Safeguard children and young people in our care, by ensuring that your interactions are positive and safe, and report any suspicions or concerns of abuse by any person internal or external to Western Health
- Be aware of and comply with relevant legislation: Public Administration Act 2004, Victorian Charter
 of Human Rights and Responsibilities Act 2006, the Victorian Occupational Health and Safety Act
 2004, the Victorian Occupational Health and Safety Regulations 2017 (OHS Regulations 2017), Fair

Work Act 2009 (as amended), the Privacy Act 1988 and responsibilities under s141 Health Services Act with regard to the sharing of health information, the Family Violence and Child Information Sharing Schemes, Part 5A and 6A Family Violence Protection Act 2008, Safe Patient Care Act 2015, Mental Health & Wellbeing Act 2023

 Be aware of and comply with the Code of Conduct for Victorian Public Sector Employees and other Western Health employment guidelines

General Information

- Redeployment to other services or sites within Western Health may be required
- Employment terms and conditions are provided according to relevant award/agreement
- Western Health is an equal opportunity employer and is committed to providing for its employees a work environment which is free of harassment or discrimination. The organisation promotes diversity and awareness in the workplace
- Western Health is committed to Gender Equity
- Western Health provides support to all personnel experiencing family and domestic violence
- This position description is intended to describe the general nature and level of work that is to be
 performed by the person appointed to the role. It is not intended to be an exhaustive list of all
 responsibilities, duties and skills required. Western Health reserves the right to modify position
 descriptions as required. Employees will be consulted when this occurs
- Western Health is a smoke free environment

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Employee's Name:	
Employee's Signature:	Date:

I confirm I have read the Position Description understand its content and agree to work in accordance with